

Goal Sheet

Without Goals, we have no vision. We need goals, something to strive for, to keep us motivated and help us continue to work through the grind of a season. When we set our goals, we need to keep them realistic. Make them tough but attainable. You should know your goals by heart and should always have them in the back of your head.

Below, write down your short, intermediate and long term goals for the categories at the top. Explain how you plan to achieve them.

Goals	Character	Baseball	School
Short Term <i>(This year)</i>	1) 2)	1) 2)	1) 2)
How will you accomplish them?	1) 2)	1) 2)	1) 2)
Intermediate <i>(5 years from now)</i>	1) 2)	1) 2)	1) 2)
How will you accomplish them?	1) 2)	1) 2)	1) 2)
Long Term <i>(10 years from now)</i>	1) 2)	1) 2)	1) 2)
How will you accomplish them?	1) 2)	1) 2)	1) 2)