


INSTRUCTIONAL LEAGUE

August 2017


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 9/10u 5-7	1 15/18u 5-7	2 11/12u 5-7 Batting Practice 9/10u...5-6:30 13/14u...6:30-8	3 13/14u 5-7 Batting Practice 11/12u...5-6:30 15/18u...6:30-8	4 9/10u 5-7	5
6 11/12u 12-2 13/14u 2:30-4:30 15/18u 5-7	7 9/10u 5-7	8 15/18u 5-7	9 11/12u 5-7 Batting Practice 9/10u...5-6:30 13/14u...6:30-8	10 13/14u 5-7 Batting Practice 11/12u...5-6:30 15/18u...6:30-8	11 9/10u 5-7	12
13 11/12u 12-2 13/14u 2:30-4:30 15/18u 5-7	14 9/10u 5-7	15 15/18u 5-7	16 11/12u 5-7 Batting Practice 9/10u...5-6:30 13/14u...6:30-8	17 13/14u 5-7 Batting Practice 11/12u...5-6:30 15/18u...6:30-8	18 9/10u 5-7	19
20 11/12u 12-2 13/14u 2:30-4:30 15/18u 5-7	21 9/10u 5-7:30	22 15/18u 5-7:30	23 11/12u 5-7:30 Batting Practice 9/10u...5-6:30 13/14u...6:30-8	24 13/14u 5-7:30 Batting Practice 11/12u...5-6:30 15/18u...6:30-8	25 9/10u 5-7:30	26
27 11/12u 11-1:30 13/14u 2-4:30 15/18u 5-7:30	28 9/10u 5-7:30	29 15/18u 5-7:30	30 11/12u 5-7:30 Batting Practice 9/10u...5-6:30 13/14u...6:30-8	31 13/14u 5-7:30 Batting Practice 11/12u...5-6:30 15/18u...6:30-8		

Players will be asked to arrive 15 minutes early each day.

Batting Practice workouts are OPTIONAL. Each age group will be split into two (2) 45 minute groups.

INSTRUCTIONAL LEAGUE

September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9/10u 5-7:30	2
3 11/12u 11-1:30 13/14u 2-4:30 15/18u 5-7:30	4 9/10u 5-7:30	5 15/18u 5-7:30	6 11/12u 5-7:30 Batting Practice 9/10u...5-6:30 13/14u...6:30-8	7 13/14u 5-7:30 Batting Practice 11/12u...5-6:30 15/18u...6:30-8	8 9/10u 5-7:30	9
10 11/12u 11-1:30 13/14u 2-4:30 15/18u 5-7:30	11 9/10u 5-7:30	12 15/18u 5-7:30	13 11/12u 5-7:30 Batting Practice 9/10u...5-6:30 13/14u...6:30-8	14 13/14u 5-7:30 Batting Practice 11/12u...5-6:30 15/18u...6:30-8	15 9/10u 5-7:30	16
17 11/12u 11-1:30 13/14u 2-4:30 15/18u 5-7:30	18 9/10u 5-7:30	19 15/18u 5-7:30	20 11/12u 5-7:30 Batting Practice 9/10u...5-6:30 13/14u...6:30-8	21 13/14u 5-7:30 Batting Practice 11/12u...5-6:30 15/18u...6:30-8	22 9/10u 5-7:30	23
24 11/12u 11-1:30 13/14u 2-4:30 15/18u 5-7:30	25 Make Up Day	26 Make Up Day	27 Make Up Day	28 Make Up Day	29 Make Up Day	30

Players will be asked to arrive 15 minutes early each day.

Batting Practice workouts are OPTIONAL. Each age group will be split into two (2) 45 minute groups.